



Avoid Using Ladders for Working at Height in Repair, Maintenance, Alteration and Addition Works

Safety Alert No. 003/13

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Using ladders for working at height in Repair, Maintenance, Alteration and Addition (RMAA) Works is prone to accidents which often result in casualties. Common hazardous conditions of using ladders include the following -

- For work of complicated nature or long duration.
- Ladder not placed on level ground.
- For work with both hands engaged, and over-reaching from the ladder.
- For work that imposes a side loading such as side-on drilling through walls.
- For work near doors or movable objects.

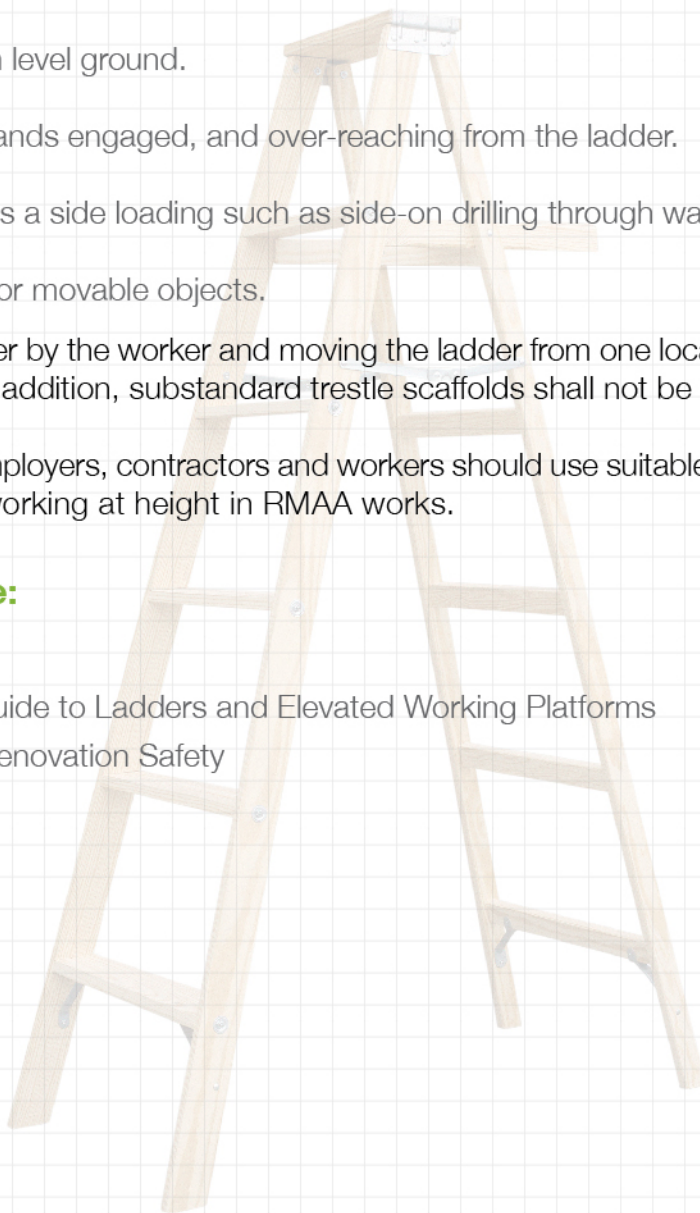
Straddling a trestle ladder by the worker and moving the ladder from one location to another with his feet should be prohibited. In addition, substandard trestle scaffolds shall not be used.

As far as practicable, employers, contractors and workers should use suitable and safe working platforms instead of ladders for working at height in RMAA works.

Relevant reference:

Labour Department

- Safety at Work - A Guide to Ladders and Elevated Working Platforms
- Guidance Notes to Renovation Safety



Disclaimer

Whilst reasonable efforts have been made to ensure the accuracy of the information contained in this publication, the CIC nevertheless would encourage readers to seek appropriate independent advice from their professional advisers where possible and readers should not treat or rely on this publication as a substitute for such professional advice for taking any relevant actions.

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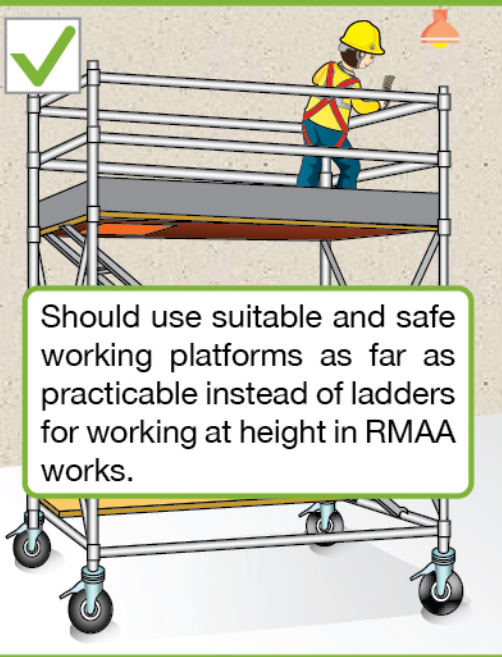
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No. SA-CSS-003-13-E
August 2013

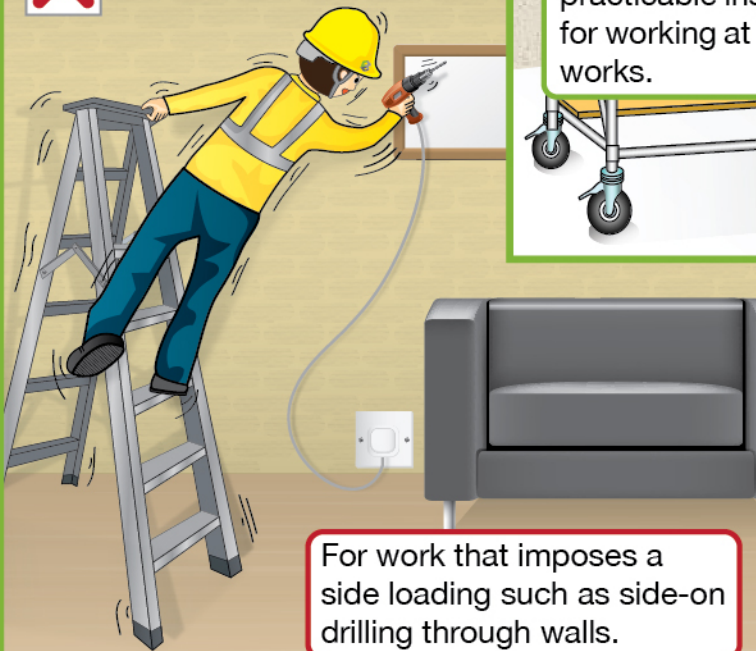


Ladder not placed on level ground.

For work with both hands engaged, and over-reaching from the ladder.



Should use suitable and safe working platforms as far as practicable instead of ladders for working at height in RMAA works.



For work that imposes a side loading such as side-on drilling through walls.



The substandard trestle scaffold shall not be used.



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